

Please visit our website to find out more about the activities of Music Therapy New Zealand including:

- Latest news and events
- Find a Therapist in your area
- Registration as a Music Therapist in New Zealand
- MusT Newsletter
- Our online journal
- Grants and scholarships



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Music Therapy  
New Zealand

TE RŌPŪ PUORO WHAKAORA O AOTEAROA

Champion potential and well-being  
through the professional use  
of Music Therapy

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# About MThNZ

Music Therapy New Zealand is a membership organisation that advocates the employment of NZ Registered Music Therapists (NZ RMTh) and governs their ethical and professional standards of practice in working to enhance hauora and waiora of the people of Aotearoa.

## Our Purpose:

The purpose of Music Therapy New Zealand (the public name for the New Zealand Society for Music Therapy Incorporated) is to Champion potential and wellbeing through the professional use of Music Therapy.

## Our Values:

1. Waiora / Life: Promoting and working towards sustainability and a balanced, overall wellbeing.
2. Reciprocity / Whanaungatanga: Fostering relationships that are connected, reciprocal and inclusive.
3. Creativity / Auahatanga: Celebrating our diversity, passion, spark and vitality.
4. Professionalism / Te Taumata: Supporting and advocating for the highest quality, evidenced based ethical practice with integrity and confidence.

## Music Therapy is...

Music Therapy is the planned use of music to assist with the healing and personal growth of people with identified emotional, intellectual, physical or social needs.

## A music therapist...

Music Therapists use the special qualities of music in a shared relationship with their clients, to meet personal needs, support learning, and promote healing and change.

They work with people of all ages and abilities, with individuals and groups, and in many different settings.

## Who can benefit?

Music Therapy is effective with people of all ages and abilities, from newborn babies, through childhood and adolescence, to adulthood and the end of life.

People who are under stress; have intellectual, physical or emotional needs; live with dementia; are suffering the consequences of trauma, separation or abuse; or who have a terminal illness can all benefit from Music Therapy.

## Registration Board

The New Zealand Music Therapy Registration Board was established in 2000. It assesses Music Therapist's eligibility for registration (either Full or Provisional) within New Zealand and issues Annual Practising Certificates to those who meet the criteria agreed upon between the Registration Board and MThNZ.

## Membership

Music Therapy New Zealand is a registered charity in New Zealand and relies on the generous support of donors and members to sustain its activities. There are many ways to support and advocate for Music Therapy in NZ, work with us as a sponsor, make a donation or become a member. As a member you receive a number of benefits, including the opportunity to be part of Special Interest Groups, and exclusive access to our online membership area.

